





## **Objective**

Continue to learn and improve. To pass on my knowledge and experiences to others

## History

March 1997 – Began study of Tae Kwon Do at the Gilpin County Recreation Center under Thomas Feagans, 1<sup>st</sup> degree black belt, Tae Kwon Do/Tung Soo Do.

June 1998 – Competed in the Mountain Academy of Martial Arts Tri-Mountain Tournament in Central City at the Gilpin County Recreation Center. In which I placed first in the forms competition and second in the sparring competition.

December 2000 – Tested and passed 1<sup>st</sup> degree black belt, Tae Kwon Do/Tung Soo Do, consisting of a two-day physical test under the direction of Master John W. Rankin 6<sup>th</sup> degree black belt.

December 2000 – Began teaching children's and adult classes at the Gilpin County Recreation Center, under the direction of Thomas Feagans, 2<sup>nd</sup> degree black belt.

Spring 2003 – Was a judge at the Mountain Academy of Martial Arts Tri-Mountain Tournament.

July 2004 – Helped judge the Mountain Academy of Martial Arts Tri-Mountain Tournament.

