MOUNTAIN ACADEMY OF MARTIAL ARTS

Fall Tournament & Halloween Party

Date: October 15, 2011 Time: 11:30 warm up, 12 pm start Where: Lakewood Link Rec Center Cost: \$40 day of event, \$30 pre-reg We'll provide the activities & prizes, just please bring a dish to share!



Forms, Weapons, Sparring, Breaking*, Creative Forms**

Participants will be grouped based on rank and size Expected divisions (subject to change based on participation) **Kids:** White/Yellow, Green/Blue, Red/Black

Adults: White/Yellow, Green/Blue, Red, Black

*Breaking – All breaks will be combos of 3-5 single boards, no power breaks
**Creative Forms – 2 categories: Weapons & Forms. You must compete in the same traditional category to compete in the creative category
Breaking/creative forms will be judged based on: creativity, difficulty, technique

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Name: _____

Age: _____

Rank:

Please circle what you will be competing in:

Forms Weapons Sparring Breaking Cr Forms Cr Weapons